ST STEPHEN'S JUNIOR SCHOOL LUNCH MENU

Fresh Salad, Yogurt and Fruit will be available daily

Water is available at any time



Week 1 – Week Commencing – 2nd November, 16th November, 30th November, 14th December



WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margherita Pizza	Beef Lasagne with Garlic Bread	Chicken Roast with Stuffing and Roast Potatoes	Chicken Korma with Rice	Fish Fingers and Chips
Option 2	Pasta Bake	Five Bean Chilli with Rice	Quorn Roast	Quorn Korma with Rice	Veggie Nuggets and Chips
Option 3	Jacket Potato with Cheese or beans	Jacket Potato with Cheese or beans	Jacket Potato with Cheese or beans	Jacket Potato with Cheese or beans	Jacket Potato with Cheese or beans
Option 4	Cheese Sandwich with Vegetable Crudities	Cheese Sandwich with Vegetable Crudities	Cheese Sandwich with Vegetable Crudities	Cheese Sandwich with Vegetable Crudities	Cheese Sandwich with Vegetable Crudities
Option 5	Ham Sandwich with Vegetable Crudities	Ham Sandwich with Vegetable Crudities	Ham Sandwich with Vegetable Crudities	Ham Sandwich with Vegetable Crudities	Ham Sandwich with Vegetable Crudities
Option 6	Tuna Mayo Wrap with Vegetable Crudities	Tuna Mayo Wrap with Vegetable Crudities	Tuna Mayo Wrap with Vegetable Crudities	Tuna Mayo Wrap with Vegetable Crudities	Tuna Mayo Wrap With Vegetable Crudities
Dessert	Fruit Salad	Oaty Cookies	Vanilla Shortbread	Apple Cake with Custard	Chocolate Brownie



Week 2 – Week Commencing – 9th November, 23rd November, 7th December

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margherita Pizza	BBQ Chicken	Sausage Roast with Yorkshire Pudding	Meatballs in Tomato Sauce with Rice	Fish Fingers and Chips
Option 2	Veggie Lasagne	Greek Cheese Spinach Whirl with Rice	Veggie Sausage Roast with Yorkshire Pudding	Red Pepper Frittata with Rice	Cheese Whirl with Chips
Option 3	Jacket Potato with Cheese or beans	Jacket Potato with Cheese or beans	Jacket Potato with Cheese or beans	Jacket Potato with Cheese or beans	Jacket Potato with Cheese or beans
Option 4	Cheese Sandwich with Vegetable Crudities	Cheese Sandwich with Vegetable Crudities	Cheese Sandwich with Vegetable Crudities	Cheese Sandwich with Vegetable Crudities	Cheese Sandwich with Vegetable Crudities
Option 5	Ham Sandwich with Vegetable Crudities	Ham Sandwich with Vegetable Crudities	Ham Sandwich with Vegetable Crudities	Ham Sandwich with Vegetable Crudities	Ham Sandwich with Vegetable Crudities
Option 6	Tuna Mayo Wrap with Vegetable Crudities	Tuna Mayo Wrap with Vegetable Crudities	Tuna Mayo Wrap with Vegetable Crudities	Tuna Mayo Wrap with Vegetable Crudities	Tuna Mayo Wrap With Vegetable Crudities
Dessert	Cheese and Crackers	Gingerbread Cookies	Chocolate Shortbread	Jamaican Ginger Cake	Fruit Medley



If your child has any specific dietary requirements, please inform the Cook.
If your child's diagnosis changes it remains the responsibility of parents/careers to ensure medical information is up to date
If you would like any further information concerning allergens or food options, please see our Head Cook.