



Article 6: The right to life.

Year 3: What's the difference between healthiness and survival?
Being Scientists and Engineers.

Learning to **change** the World.

Exploration
Innovation
Ambition

Immersion: knowledge

Art – improve their mastery of drawing through self-portraits.

DT – Prepare and cook using a range of cooking techniques.

SC – identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat

SC – identify that humans and some other animals have skeletons and muscles for support, protection and movement

TRY IT: Skills

DT – Practice using the different cooking techniques whilst making a healthy balanced meal – slicing, chopping, grating and peeling.

SC – Understand the different food groups and why each one is important to keep us healthy.

SC – Identify the different bones in our body and how are skeleton helps us in different ways. Identify different joints and muscles and what they do for our bodies.

Art – Practice the different techniques – hatching, cross-hatching, and contouring, stippling, shading.

USE IT: Skills

SC – Create a work-out that works all of our muscles and keeps our bodies healthy.

SC – Create a balanced meal that has the correct amount of each food group.

DT – Design and make a pizza, using the different cooking techniques that we practiced. Why did the children decide to use that technique?

Art – Use the techniques we have learned to draw a self-portrait.

WOW!

Visit from the Armed Forces – what is life like for them when they are trying to survive?
First aid – children to learn the basics of first aid.
Building a shelter – what makes a good shelter?
Locational awareness – scavenger hunt.
Bear Gryll's survival school – watch an episode and discuss survival skills taught.

PROVE IT: Challenge

Create a video explaining different aspects of being healthy.

Documenting the challenge
Non-chronological report on being healthy.

Celebrating the challenge
Share videos with parents on the website.

Vocabulary

carbohydrate, protein, dairy, fats, sugars, oils, spreads, vitamins, minerals, nutrients, skeleton, muscles, joints, ball and socket joint, hinge joint, gliding joint, healthiness, survival, contract, extend, protect, support, movement.
slicing, chopping, grating, peeling, temperature, ingredients, recipe.
hatching, cross-hatching, and contouring, stippling, shading.

“Act justly, love mercy and walk humbly with your God” – Micah 6:8