

**The Christian  
Festival of  
Lent**



**Be prepared!**

# **What preparation are needed for....**

- **Going on holiday?**
- **Playing in a football match?**
- **Taking part in a school play?**

**Jesus spent 40  
days and nights  
in the desert  
preparing for  
his work of  
teaching people  
about God.**



A close-up photograph of a stack of four golden-brown pancakes on a white plate. The pancakes are slightly wavy and have a textured surface with some darker brown spots, indicating they are well-cooked. The lighting is bright, highlighting the texture of the pancakes.

**Why are  
pancakes  
eaten on  
Shrove  
Tuesday?**

# **Ash Wednesday**

**The ashes are a symbol for things that Christians are sorry they have done wrong and to show their commitment to Jesus and God.**



# LENT

**... a time to think about God  
and others and to prepare  
for Easter.**

**What will you  
do for Lent?**